

LAUNDRY

Schedule

MONDAY

Colored Clothing

TUESDAY

White Clothing

WEDNESDAY

Towels

THURSDAY

Rugs

FRIDAY

Miscellaneous

SATURDAY

Sheets and Linens

SUNDAY

No-Laundry Day

LAUNDRY

Schedule

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

LAUNDRY

Frequency

EVERYDAY

Hand Towels
Face Towels
Dish Towels
Wash Cloths

EVERY WEEK

Bed Sheets
Bed Covers
Pillow Cases
Floor Mat

EVERY MONTH

Bath Robe
Mattress Pad
Pillow Liners

EVERY 3 MONTHS

Window Curtains
Shower Curtains
Throw Rug
Outer Wear

AFTER EVERY USE

Underwear
Shirts
Leggings
Tops
Socks
Stockings

AFTER 3 USES

Jeans
Sleepwear
Sweaters
Slacks
Skirt
Bath Towels
Bras

EVERY 6 MONTHS

Comforter
Pillows