

Laundry Basics

For College Students



Before you start...



- 1. Sort Laundry:** you can sort into 5 categories---white clothes, light clothes, dark clothes, delicate clothes and towels. If this seems like too many categories...the priority piles are: whites/lights, colors/darks and towels. Do not wash towels with your clothing!!
- 2. Take a few minutes** and zip the zippers, close hooks, fasten Velcro and unbutton buttons, empty pockets, unroll pants and socks.
- 3. Spray any stains** with stain remover. Check the item after washing to see if the stain is gone. If the stain is not gone...DO NOT put it in the dryer or this will cause the stain to become much harder to remove. Retreat and wash item again!

Settings on the washer...

(each washing machine is different..some settings may have different names)

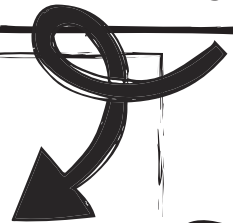
Heavy Duty/Bulky: this setting runs a little slower and is great for jeans, rugs, towels, bedding, blankets or other heavy or bulky items.

Pre-Soak: this setting is for REALLY dirty items or items that have stains you are working to get out. The washer will actually pause during the wash so the clothing can soak.

Regular/Normal: this cycle uses hot water and is best for white clothing. It is also good for underwear or other items that you want to get really clean and germ free. Remember not to wash colored clothing in hot water or you will get a lot of fading.

Permanent Press: this cycle is used for colored clothing. It washes in warm water and rinses in cold.

Delicate: this is for lightweight clothing, lingerie, sweaters, tights, etc. Remember that if an item says it should be handwashed...you have to be very careful washing it in the washer...it could be ruined.



A few final tips...

The hotter the heat setting on the dryer that you use the more likely the clothing could have some shrinking.

Take your clothing out of the dryer promptly to reduce wrinkles.

Read labels for specific directions on each clothing item. Some clothes need to lay flat to dry and can't go in the dryer. Some items need to be dry cleaned or hand washed.



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Machine wash	Machine wash, permanent press	Machine wash, gentle or delicate	hand wash	do not wash	water temperature not above: 30°C or 80°F	40°C or 105°F	50°C or 120°F	60°C or 140°F
water temperature not above: 70°C or 160°F	95°C or 200°F	30°C or 80°F	40°C or 105°F	50°C or 120°F	60°C or 140°F	70°C or 160°F	95°C or 200°F	do not wring
bleach if needed	do not bleach	Non-chlorine bleach if needed	Non-chlorine bleach if needed	Tumble dry	Dry normal, low heat	Dry normal, medium heat	Dry normal, high heat	Dry normal, no heat
Hang to dry	Drip dry	Dry flat	Dry in the shade	Do not dry	Do not tumble dry	Dry	Iron any temp, steam	Do not iron
Maximum temperature 110°C 230°F	Maximum temperature 150°C 300°F	Maximum temperature 200°C 390°F	No steam	Dryclean	Any solvent	Any solvent except tetrachlorethylene	Petroleum solvent only	wet cleaning
					Laundry symbols			
Do not dryclean	Short cycle	Reduced moisture	Low heat	No steam finishing				

